



Middle School Program

SMA Athletics has a strong history of developing student-athletes who are grounded in the Loretto School Values of faith, community, justice, and respect. We foster a culture of acceptance, self-advocacy, and healthy competition. The athletics program is integral and connected to the holistic experience of every participant. Student-athletes experience personal growth as they develop leadership and collaborative skills.

**More than
80%**
of Middle School
students participate
in sports each season

Coached
by SMA High School
coaches and other
experienced
faculty/staff.

Use of the
High School
**sports
facilities**



**Personal
Uniforms**

**Featured
Athlete**
of the Week

8th Grade
Outstanding
Athlete of the
Year Award

**Annual
Cross
Country
Monster Dash**

**Annual
Friends and Family
Golf
Tournament**



Competition
balanced with
skill development
and **fun**



ACIS Sports Season

FALL

- Co-ed Cross Country
- Girls Field Hockey
- Girls Volleyball
- Boys Soccer
- Co-ed Tennis (7th/8th)
- Co-ed Golf (7th/8th)

WINTER

- Boys Basketball
- Girls Basketball
- Co-ed Dance

SPRING

- Co-Ed Baseball
- Girls Lacrosse
- Boys Lacrosse
- Girls Soccer

Recreational athletic opportunities are also offered, such as yoga and walking.



Hello Future SMA Wildcats!

As the Athletics Director, I would like to introduce myself to you and your families. I have been a collegiate DII athlete, middle school core subject teacher, coach, and now Athletics Director. I look forward to getting to know each of you.

Many of our students will be participating in athletic competitions this year, whether it be on one of our sports teams or in a physical education class. Our sports and PE practices are built into our school day, so our students can take advantage of other after-school opportunities. Our athletic staff and coaches are committed to providing a challenging, caring, and supportive environment where each student-athlete can focus on academic, athletic, and personal growth. Participation in sports and physical education is essential in teaching young men and women to strive for excellence, persevere through adversity, and compete with dignity and pride. I am excited we can help guide and empower every student to determine their path to success!

Our Middle School offers the following sports: field hockey, volleyball, soccer, tennis (Grades 7 and 8), golf (Grades 7 and 8), cross country, dance, basketball, lacrosse, and baseball. Each student will complete a survey before the sport season to submit their top three choices for sports or PE. We do our very best to ensure that each student participates in their top choices each season!

Our coaching staff will hold parent meetings at the beginning of the season to discuss expectations, schedule, commitment, transportation, etc. This is an important time where you can learn more about the sport program and ask any questions you may have.

I look forward to meeting you!

Sincerely,

Sara Knetemann

