



# Saint Mary's Academy

## January Menu 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2	3	4
5	6 NO SCHOOL!	7 Breakfast Bar (GF) Ham and Cheese Sliders	8 Burger Day!  Chicken Fried Rice (GF) GF Bun	9 Pasta Bar  Cheese Enchilada Bake(GF)	10 Pizza Day! -GF Cheese  Chicken Tenders	11
12	13 Chicken Tenders GF Chicken Tenders  French Toast Stix w/ OR w/out Sausage	14 Baked Potato Bar (GF)  Beef Lasagna	15 Mac and Cheese GF Mac and Cheese  Chicken Tenders	16 BBQ Chicken Legs (GF)  Pork Carnitas with Soft & Hard shells (GF)	17 Pizza Day! -GF Cheese  Chicken Tenders	18
19	20 Martin Luther King, Jr. Day NO SCHOOL	21 Pepperoni Pizza Sticks  Chicken Penne Alfredo GF Pasta	22 BBQ Chicken Sandwich  Baked Potato Bar (GF) GF Bun	23 Baked Penne with Spinach and Ricotta GF Baked Penne with Spinach and Ricotta Burrito Bar (GF)	24 Pizza Day! -GF Cheese  Chicken Tenders	25
26	27 Teriyaki Meatballs and Rice (GF)  Chicken Tenders	28 Cheese Pizza Sticks  Breakfast Bar (GF)	29 Hot Dog  Pasta Bar  GF Bun	30 Chicken Sliders  Taco Bar (GF)	31 Pizza Day! -GF Cheese  Chicken Tenders	

### Notes

Gluten Free option available every day, in red on menu, \$1 upcharge for GF items. If item is naturally gluten free (GF), there is no upcharge.

**Entrée Prices: Regular \$4.75, Large \$6.00, entrees include 2 sides and a small garden salad.**

Drinks, Snacks, Sub Sandwiches, Bistro Boxes, Smoothies, Desserts, Salads and Specials are available for purchase every day.

\*Grateful Plate reserves the right to change menu items occasionally due to purveyor availability.