



SMA Boys Mentoring

Newsletter



MS Mentor

“A mentor is someone to look up to... someone who can help you with anything.”



MS Mentor

“A mentor is someone who helps others learn and understand more about academics and social skills.”

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What Is the Boys Mentoring Program?

The Boys Mentoring Program is designed to nurture mentoring relationships between Lower School and Middle School boys. This connection allows for a positive big brother / little brother relationship that is mutually beneficial. This project emerged from the needs of Lower School boys to have more male interaction during the day and for Middle School boys to have an opportunity to serve as leaders and role models.



LIAM



ETHAN



JAMES

Sizzlin' Hot Tips for Growing Boys

Hot Tip #1 - Father-Son Ritual

While we don't necessarily have male initiation as a cultural norm these days, it is incredibly important for a young man to be around his father and other father figures. He needs to be gleaning wisdom and affirmation as much as possible. Quality time is more important than ever in our busy culture. Think about a weekly tradition that dad and son can do together!

Hot Tip #2 - Chores Are Good

A boy may not love it, but he is in need of responsibilities at home. Think of age-appropriate chores that he can do. Work with him on future goals and what chores he can grow into and help him gain more responsibility.

Book of the Month:

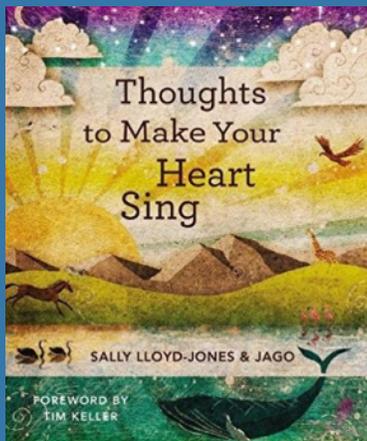
Wild Things: The Art of Nurturing Boys

By Stephen James and David Thomas

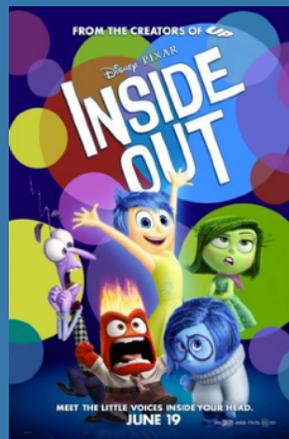


This informative, practical, and encouraging guide will help parents guide boys down the path to healthy and authentic manhood. *Wild Things* addresses the physical, emotional, and spiritual parts of a boy, written by two therapists who are currently engaged in clinical work with boys and their parents and who are also fathers raising five sons. The book contains chapters such as “Sit Still! Pay Attention!”, “Deficits and Disappointments,” and “Rituals, Ceremonies, and Rites of Passage.”

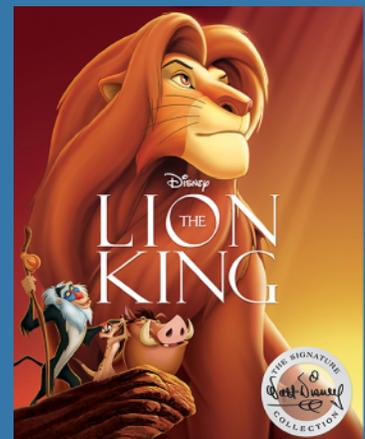
Books and Movie Recommendations



Thoughts to Make Your Heart Sing by Sally Lloyd Jones



Inside Out, a fun movie that can help boys learn more about their emotions.



The Lion King

Summary of Activities

- * Boys making shields that represent their values, passions, mentors, and heroes
- * Climbing Gym for Mentor Training
- * Dart Warz with the Second Grade
- * Target Practice with Nerfguns
- * Life Skill Activities with Soccer
- * Math Tutoring
- * Reading and Writing Tutoring
- * Science Projects
- * Working on Weekly Goals for Behavior
- * Working on Study Habits



DART WARZ!



SIMARY'S
ACADEMY
MENTORS

